



Thoughtful conversations.
Meaningful reads.
Space to reflect.

Huron Rose Counselling

A virtual bibliotherapy therapeutic group for adults 30+
exploring life through books exploring themes such as:
Identity • Change • Belonging • Relationships
Loss • The Body • Meaning



DATES

November 3
November 10
November 17
November 24

LOCATION

Virtual, Zoom
(available to
anyone in Ontario,
Canada)

TIME

6:30 - 8:00 pm

FOR

Adults 30+

COST

\$65 per session, per person
Total investment \$260

Hosted by Amy MacFarlane | Registered Psychotherapist, CRPO.
Registration is required. Inquiries or registration can be sent to
amy@huronrosecounselling.com

Sessions may be covered by extended health benefits. Coverage varies by plan. Please check with your insurer before registering. A psychotherapy receipt will be provided.